



# FRIDAY NEWS

The official newsletter of Bolton Parish CE Primary School

13TH MARCH 2026

*"Life in all it's Fullness" John 10:10*

## SUPER LEARNING AFTERNOONS



Next week is Neurodiversity Celebration Week. This is a worldwide campaign focusing on transforming how neurodivergent individuals are perceived, celebrating their strengths, and encouraging schools, workplaces, and communities to foster inclusive environments. On **Wednesday**, we will be having a Neurodiversity Super Learning Afternoon, where we will be helping our children to understand how everyone's brains are all different.



Next week we will also be holding an Eid Super Learning Afternoon on **Thursday**. During this time, we will be helping children to learn more about Eid and to take time to celebrate. Children are allowed to come into school on this day in **non-uniform - party clothes** are welcome as long as they are suitable for a day at school.

## STARS OF THE WEEK

Nursery - Ayra  
Reception - Yvanna  
Year 1 - Sophia  
Year 2 - Dila  
Year 3 - Aleena  
Year 4 - Yahya  
Year 5 - Thomas  
Year 6 - Adam

## VALUE STARS

Reception - Safaa  
Year 1 - Mithu  
Year 2 - Usman  
Year 3 - Nevaeh  
Year 4 - Dhilian  
Year 5 - Hassan  
Year 6 - David

## CHALLENGE CHAMPIONS

Reception - Aaliya  
Year 1 - Zeta  
Year 2 - AJ  
Year 3 - Arham  
Year 4 - Zoya  
Year 5 - Adam  
Year 6 - Ayesha

**LEARN TO LOVE, LOVE TO LEARN**

# Attendance



## CHANGES TO SCHOOL UNIFORM

An email was sent out this week giving you the opportunity to vote on whether you would like changes to be made or not. This vote closes TODAY at 4:00pm!

## PARENT STAY AND LEARN

We will be hosting Parent Stay and Learn sessions w/c 16<sup>th</sup> March

Monday 16<sup>th</sup> - Year 5 & Year 6 & Year 3

Tuesday 17<sup>th</sup> - Year 1 & Year 2

Wednesday 18<sup>th</sup> - Reception & Nursery

Thursday 19<sup>th</sup> - Year 4

Receptions stay and learn will be in the morning Wed 18<sup>th</sup> 8:50am - 9:30am. Parent invitation to follow.

Parents are welcome to attend from 2:30pm - 3:15pm. If you have more than one child in a session e.g a year 3 and 4 child - the classroom doors will be open so you can move inbetween the classes. We look forward to seeing you.

## PARENTS' EVENING

You should have received a letter today regarding our next Parents' Evening. If you have not please speak to the school office.

## THIS WEEK...

CLASS	ATTENDANCE %
REC	95.2%
YEAR 1	90.7%
YEAR 2	98.6%
YEAR 3	97.8%
YEAR 4	98.0%
YEAR 5	99.4%
YEAR 6	96.6%

WELL DONE YEAR 5 🙌

## IXL

Y1 - Nuha

Y2 - Yuvansh (1<sup>st</sup> Place)

Y3 - William

Y4 - Haakim

Y5 - Suhaib

Y6 - Bilal



## CHRISTIAN VALUE

Our value for this half term is forgiveness: **"Bear with each other and forgive one another."**

Colossians 3:13



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## FAMILY EASTER BINGO EVENT

Join us for a fun afternoon at Bolton Parish Church CE Primary School for our family easter bingo event on Wednesday 1<sup>st</sup> April!

🕒 Doors open: 3:20pm First game starts: 3:45pm

🎟️ 4 games of bingo 🧑‍👦 £2.00 per person

There will also be:

🌟 Tombola 🍪 Refreshments Stall 🎁 Raffle

🎟️ Raffle tickets are on sale 23rd march- £1 per strip!

⚠️ All pupils must be accompanied by an adult.

Come along for a fun-filled afternoon and help support our school community. We look forward to seeing you there!



## YEAR 3 SEVEN ACRE TRIP

On Thursday, Year 3 went to Seven Acres Country Park. This visit took place to help the children learn more about rivers - which they are currently studying in Geography. The children learnt about the different stages of a river and looked at the features of the river. They then did an experiment to see how fast the river was flowing using rubber ducks!

It was a very windy day but everyone had lots of fun!

**LEARN TO LOVE, LOVE TO LEARN**

# Spring Term 2 - Calendar of Events



Week	Week Commencing	Events
4	<b>16/03/26</b>	Parent Stay and Learn 18 <sup>th</sup> - Neurodiversity Super Learning Day 18 <sup>th</sup> - Year 2 Class Assembly - Parents welcome at 2:45pm 19 <sup>th</sup> - Eid Super Learning Day - <b>NON-UNIFORM</b>
5	<b>23/03/26</b>	23 <sup>rd</sup> - Parents Evening 1 3:30-4:30pm 24 <sup>th</sup> - Year 4 at Bolton Parish Church for Experience Easter 25 <sup>th</sup> - Parents Evening 2 3:30-5:30pm 26 <sup>th</sup> - Family Worship in school at 3:15pm 27 <sup>th</sup> - Non-Uniform Day for Chocolate Egg donations
6	<b>30/03/26</b>	30 <sup>th</sup> - Final Year 4 swimming lesson 1 <sup>st</sup> - Year 3 Class Assembly - Parents welcome at 2:45pm 1 <sup>st</sup> - Easter Bingo at 3:30pm 2 <sup>nd</sup> - Easter Service at Bolton Parish Church (parents welcome) at 9:30am <b>2<sup>nd</sup> - SCHOOL CLOSSES FOR EASTER AT 1:00PM</b>

*All dates are subject to change.*



**Children need  
to be  
accompanied  
by an adult**



# **Family Worship**

**Thursday 26<sup>th</sup> March 2026**

**3:15pm-4:00pm**

**In School**



**Led by Clergy**

**As this is a family worship session, attendance will be  
counted towards church school points.**

**Refreshments**



# What Parents & Educators Need to Know about STREAMING SERVICES

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

## WHAT ARE THE RISKS?

### COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

### ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

### AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

### EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

### BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

### HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

## Advice for Parents & Educators

### SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

### MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

### TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

### SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

See full reference list on our website